Rosetti: (f)i Winter: My Secret - Interpretations

Rossetti is speaking to a male listener, and the poem is about her relationships with - and attitudes to - men in Victorian times.
The poem is about the power of language and of poetry in particular.
The speaker is God and he has secrets which are yet to be revealed to the believer (the listener). Perhaps he is teasing the non-believer.
The speaker is pregnant but cannot admit it.
There is no secret and the poet is teasing critics who look for meanings in poems, enjoying the power of knowledge.